



National Nutrient Database for Standard Reference
Release 28 slightly revised May, 2016

Full Report (All Nutrients) 03997, Babyfood, Baby MUM MUM Rice Biscuits

Report Date: June 24, 2017 22:04 EDT

Nutrient values and weights are for edible portion.

Food Group : Baby Foods

| Nutrient | Unit | 1 Value Per100 g | Data points | Std. Error | 4.0 biscuit 8g |
|--------------------------------|------|------------------------|----------------|------------|-------------------|
| Proximates | | | | | |
| Water | g | 2.42 | -- | -- | 0.19 |
| Energy | kcal | 391 | -- | -- | 31 |
| Energy | kJ | 1635 | -- | -- | 131 |
| Protein | g | 12.50 | -- | -- | 1.00 |
| Total lipid (fat) | g | 0.87 | -- | -- | 0.07 |
| Ash | g | 0.99 | -- | -- | 0.08 |
| Carbohydrate, by difference | g | 83.21 | -- | -- | 6.66 |
| Fiber, total dietary | g | 0.0 | -- | -- | 0.0 |
| Sugars, total | g | 12.50 | -- | -- | 1.00 |
| Minerals | | | | | |
| Calcium, Ca | mg | 0 | -- | -- | 0 |
| Iron, Fe | mg | 0.00 | -- | -- | 0.00 |
| Magnesium, Mg | mg | 47 | -- | -- | 4 |
| Phosphorus, P | mg | 127 | -- | -- | 10 |
| Potassium, K | mg | 504 | -- | -- | 40 |
| Sodium, Na | mg | 313 | -- | -- | 25 |
| Zinc, Zn | mg | 0.65 | -- | -- | 0.05 |
| Copper, Cu | mg | 0.156 | -- | -- | 0.012 |
| Manganese, Mn | mg | 0.732 | -- | -- | 0.059 |
| Selenium, Se | µg | 8.0 | -- | -- | 0.6 |
| Fluoride, F | µg | 0.0 | -- | -- | 0.0 |
| Vitamins | | | | | |
| Vitamin C, total ascorbic acid | mg | 0.0 | -- | -- | 0.0 |

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|------------------------------|------|------------------------|----------------|------------|-------------------|
| Thiamin | mg | 0.174 | -- | -- | 0.014 |
| Riboflavin | mg | 0.037 | -- | -- | 0.003 |
| Niacin | mg | 2.896 | -- | -- | 0.232 |
| Pantothenic acid | mg | 0.623 | -- | -- | 0.050 |
| Vitamin B-6 | mg | 0.571 | -- | -- | 0.046 |
| Folate, total | µg | 14 | -- | -- | 1 |
| Folic acid | µg | 0 | -- | -- | 0 |
| Folate, food | µg | 14 | -- | -- | 1 |
| Folate, DFE | µg | 14 | -- | -- | 1 |
| Choline, total | mg | 21.3 | -- | -- | 1.7 |
| Betaine | mg | 0.0 | -- | -- | 0.0 |
| Vitamin B-12 | µg | 0.00 | -- | -- | 0.00 |
| Vitamin B-12, added | µg | 0.00 | -- | -- | 0.00 |
| Vitamin A, RAE | µg | 0 | -- | -- | 0 |
| Retinol | µg | 0 | -- | -- | 0 |
| Carotene, beta | µg | 0 | -- | -- | 0 |
| Carotene, alpha | µg | 0 | -- | -- | 0 |
| Cryptoxanthin, beta | µg | 0 | -- | -- | 0 |
| Vitamin A, IU | IU | 1 | -- | -- | 0 |
| Lycopene | µg | 0 | -- | -- | 0 |
| Lutein + zeaxanthin | µg | 0 | -- | -- | 0 |
| Vitamin E (alpha-tocopherol) | mg | 0.17 | -- | -- | 0.01 |
| Vitamin E, added | mg | 0.00 | -- | -- | 0.00 |
| Tocopherol, beta | mg | 0.00 | -- | -- | 0.00 |
| Tocopherol, gamma | mg | 0.00 | -- | -- | 0.00 |
| Tocopherol, delta | mg | 0.00 | -- | -- | 0.00 |
| Vitamin D (D2 + D3) | µg | 0.0 | -- | -- | 0.0 |
| Vitamin D3 (cholecalciferol) | µg | 0.0 | -- | -- | 0.0 |
| Vitamin D | IU | 0 | -- | -- | 0 |
| Vitamin K (phylloquinone) | µg | 0.0 | -- | -- | 0.0 |
| Lipids | | | | | |
| Fatty acids, total saturated | g | 0.238 | -- | -- | 0.019 |
| 4:0 | g | 0.001 | -- | -- | 0.000 |

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|------------------------------------|------|------------------------|----------------|------------|-------------------|
| 6:0 | g | 0.001 | -- | -- | 0.000 |
| 8:0 | g | 0.001 | -- | -- | 0.000 |
| 10:0 | g | 0.001 | -- | -- | 0.000 |
| 12:0 | g | 0.006 | -- | -- | 0.000 |
| 13:0 | g | 0.000 | -- | -- | 0.000 |
| 14:0 | g | 0.007 | -- | -- | 0.001 |
| 15:0 | g | 0.000 | -- | -- | 0.000 |
| 16:0 | g | 0.200 | -- | -- | 0.016 |
| 17:0 | g | 0.000 | -- | -- | 0.000 |
| 18:0 | g | 0.021 | -- | -- | 0.002 |
| 20:0 | g | 0.000 | -- | -- | 0.000 |
| 22:0 | g | 0.000 | -- | -- | 0.000 |
| 24:0 | g | 0.000 | -- | -- | 0.000 |
| Fatty acids, total monounsaturated | g | 0.224 | -- | -- | 0.018 |
| 14:1 | g | 0.000 | -- | -- | 0.000 |
| 16:1 undifferentiated | g | 0.004 | -- | -- | 0.000 |
| 18:1 undifferentiated | g | 0.220 | -- | -- | 0.018 |
| 20:1 | g | 0.000 | -- | -- | 0.000 |
| 22:1 undifferentiated | g | 0.000 | -- | -- | 0.000 |
| Fatty acids, total polyunsaturated | g | 0.255 | -- | -- | 0.020 |
| 18:2 undifferentiated | g | 0.206 | -- | -- | 0.016 |
| 18:3 undifferentiated | g | 0.050 | -- | -- | 0.004 |
| 18:4 | g | 0.000 | -- | -- | 0.000 |
| 20:4 undifferentiated | g | 0.000 | -- | -- | 0.000 |
| 20:5 n-3 (EPA) | g | 0.000 | -- | -- | 0.000 |
| 22:5 n-3 (DPA) | g | 0.000 | -- | -- | 0.000 |
| 22:6 n-3 (DHA) | g | 0.000 | -- | -- | 0.000 |
| Cholesterol | mg | 0 | -- | -- | 0 |
| Phytosterols | mg | 0 | -- | -- | 0 |
| Amino Acids | | | | | |
| Tryptophan | g | 0.089 | -- | -- | 0.007 |
| Threonine | g | 0.234 | -- | -- | 0.019 |
| Isoleucine | g | 0.259 | -- | -- | 0.021 |

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|----------------|------|------------------------|----------------|------------|-------------------|
| Leucine | g | 0.438 | -- | -- | 0.035 |
| Lysine | g | 0.295 | -- | -- | 0.024 |
| Methionine | g | 0.121 | -- | -- | 0.010 |
| Cystine | g | 0.085 | -- | -- | 0.007 |
| Phenylalanine | g | 0.303 | -- | -- | 0.024 |
| Tyrosine | g | 0.259 | -- | -- | 0.021 |
| Valine | g | 0.337 | -- | -- | 0.027 |
| Arginine | g | 0.426 | -- | -- | 0.034 |
| Histidine | g | 0.151 | -- | -- | 0.012 |
| Alanine | g | 0.315 | -- | -- | 0.025 |
| Aspartic acid | g | 0.816 | -- | -- | 0.065 |
| Glutamic acid | g | 0.974 | -- | -- | 0.078 |
| Glycine | g | 0.250 | -- | -- | 0.020 |
| Proline | g | 0.261 | -- | -- | 0.021 |
| Serine | g | 0.261 | -- | -- | 0.021 |
| Other | | | | | |
| Alcohol, ethyl | g | 0.0 | -- | -- | 0.0 |
| Caffeine | mg | 0 | -- | -- | 0 |
| Theobromine | mg | 0 | -- | -- | 0 |